## THIRD THURSDAY WEBINAR August 15, 2024, at 11:00 a.m. ET / 10:00 CT / 9:00 MT / 8:00 PT Topic: The Power Within: Harnessing Emotional Intelligence for Personal and Professional Growth



Jan Jones Jan Jones Professional Development Unlock the transformative power of emotional intelligence and discover how it can propel you toward success in both your personal and professional life. In this webinar, Jan will explore the core principles of emotional intelligence, from self-awareness and empathy to social awareness and relationship management. Through practical strategies, you'll learn how to harness these skills to overcome challenges, enhance your leadership abilities, and foster meaningful connections. Join us to uncover the power within and take the first step towards a more fulfilling and impactful journey.

Jan Jones is a professional speaker, consultant, and international podcast host ("The Good Good Life") with a passion for developing and motivating others. She collaborates with organizations nationwide to enhance leadership and equip employees with tools for success. Her ability to connect with audiences results in an inspired team ready to achieve greatness within their organizations. Jan's energy and expertise stem from her zest for life and the relationships that play a pivotal role in her personal development. She knows that relationships drive culture, which drives results. Jan believes that anyone can inspire change, and this is a driver for her determination to set people up for success. Jan is a graduate of the University of Alabama and is a Gallup Certified Strengths Coach. She holds certifications in "Crucial Conversations" (Crucial Learning), as well as multiple certifications with Franklin Covey. Jan is certified in "Emotional Intelligence" (TalentSmart) and Extended DISC. In addition, Jan is a Certified DDI (Development Dimensions International, Inc.) Facilitator, and Birkman Certified Consultant.

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